



The MillenniumTM
School

Surat

Meal Menu

JULY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 Dabeli Mix Veg., Roti, Dal Fry, Steam Rice	02 Idli, Sambhar, Chutney Math, Roti, Kadhi, Khichadi	03 Gulabi Tikki Bhindi Masala, Roti, Dal Tadka, Jeera Rice	04 Bhel Nargish Kofta, Roti, Dilliwal Dal, Rice	05 Thepla, Curd Rajma Curry, Roti, Dum Biryani	06 HOLIDAY	07 HOLIDAY
08 Ragda Tikki Bengan Potato Sabji, Roti, Masala Khichadi, Kadhi	09 Sev Khaman, Besan Kadhi Cabbage Mutter, Roti, Dal Fry, Jeera Rice, Rava Sheera	10 VEGAN Uttapam, Sambhar, Chutney White Choli, Roti, Lemon Rice, Hot & Sour Soup	11 Poha Paneer Tikka Masala, Roti, Dal Tadka, Steam Rice	12 Dudhi Muthiya, Chutney Jeera Aloo, Roti, Gujarati Dal, Rice	13 HOLIDAY	14 HOLIDAY
15 Tam Tam Dhokla, Chutney Chhole, Puri, Vagharelo Bhat, Veg. Clear Soup	16 Paper Corn Tikki Dudhi Chana, Roti, Lachako Dal, Rice Kadhi	17 Happy Muharram	18 Moong Dal Chilla, Chutney Sabji Choap Masala, Roti, Dal Pancharatni, Steam Rice	19 VEGAN Misal Pav Adraki Aloo Gobi, Roti, Gujarati Dal, Rice	20 HOLIDAY	21 HOLIDAY
22 Cutlet Methi Mutter Malai, Roti, Dal Makhani, Rice	23 Pasta Dry Moong, Roti, Pakoda Kadhi, Rice	24 Indori Poha Paneer Ki Khawahish, Roti, Hydrabadi Biryani, Lemon Coriander Soup	25 Chilly Potato Palak Kofta, Roti, Masur Dal, Jeera Rice	26 Peri Peri Idli, Schezwan Chutney Puri Bhaji, Palak Dal, Rice	27 HOLIDAY	28 HOLIDAY
29 VEGAN Aloo Bonda Mix Kathod, Roti, Dal Tadka, Jeera Rice	30 Yellow Dhokla, Chutney Dum Aloo Kashmiri, Roti, Veg. Pulao, Kadhi	31 Sandwich Desi Chana, Roti, Dhabawali Dal, Stema Rice				

Ketchup was once used as a medicine in the 1800's to treat diarrhea, among other things.

